

**Your Videostroboscopy /FEES Exam will be scheduled with Patricia Swift Fulton, M.S. CCC-SLP**

## **Videostroboscopy and FEES Test Instructions**

**Location:** 35 Pearl St, Brockton, MA, 2<sup>nd</sup> Floor

**You will receive a call to schedule your Videostroboscopy / FEES examination in the next 2-3 business days. If you have questions or do not receive a call, you can reach Sara or Pat Swift Fulton at (508) 484-8724.**

**The day of your exam, please arrive 10 minutes before your procedure** (to update general intake information / make co-payment)

***What are Videostroboscopy and FEES Exams?*** A strobe exam provides your physician with a high-definition video of the vocal folds and the surrounding tissues using a special light and slow motion. The FEES exam evaluates your swallow function to determine safety. These in-depth images are larger allowing the physician to identify subtle changes to the tissues and vocal and swallow function.

***Why Perform Videostroboscopy and FEES Exams?*** These are diagnostic tools allowing your physician to make an accurate diagnosis and to develop a treatment plan.

***When are the Videostroboscopy and FEES Results Available?*** Three weeks after your videostroboscopy / FEES exam, the results will be available. The results will be discussed at your follow up appointment with your ENT physician. Reports can be sent to your Primary Care and/or Specialty Physicians with a signed medical release.

### **Videostroboscopy/FEES Examination Instructions**

1. Hydrate well before the exam.
2. You do NOT need to fast.
3. Please bring a list of your current medications.
4. If you have a swallow exam (FEES), please tell us of any food allergies or sensitivities in advance. Please bring a small amount of food causing the most problem to the exam.
5. The procedure will be performed and reviewed by a licensed speech language pathologist (SLP). A rigid (in the mouth) and distal chip scope (nasal) will be used.
6. This exam is not painful and most people tolerate the exam easily.

### **Other Instructions**

1. If you need to cancel or reschedule your appointment, please call us at (508) 484-8724. If possible, please provide 24-hour notice.
2. If the patient is a child or young adult under the age of 18, they must be accompanied by a parent and/or legal guardian.
3. Unattended children cannot be in the procedure room or waiting room, while the adult patient participates in the examination.
4. If the patient resides in a skilled nursing facility or a group home and the patient is not deemed “their own person”, the patient must be accompanied by a staff member.
5. Interpretative services are not available on site. If interpretative services are needed, please bring an adult to interpret for you.
6. If the patient is wheelchair dependent and/or requires mobility assistance, a caregiver must be present.

Your advanced notice of the specific needs will help facilitate the ease of the examination.